



THE PAGODA PACERS A.C. PRESENTS

The **20th** Anniversary of the

MT PENN MUDFEST

15k (9.3 mile) Trail Run

Reading, PA

Sat, April 19, 2014 (day before Easter)

10:00 AM-Reading, PA-Limited to First 500 Entries

"ONE OF TOP 10 TRAIL RACES NEW TRAIL RUNNERS MUST DO"- Oct/10 Issue: Runner's World

A Pagoda Pacer Event- entry thru www.pretzelcitysports.com ONLY

No Race Day Entry/No Waiting List

Held in Memory of Fellow Pacer & one of the Original Race Co-Directors, Bill Bradley

On this, our 20th anniversary, we present to you a new race with a new home and a new set of race directors. For 19 years the Mt Penn Mudfest has weathered the "altering" forces of man and nature and still remains one of the largest trail runs in the Western Hemisphere. This year we have proudly partnered with **Mountain Springs and Captains Cove Restaurant and Bar** and as such, we have a NEW home for our race. The course will bring back memories of the past and; for the first time in a few years; we expect to put the "MUD" back in Mudfest. While some things have changed from years past, many of the elements that made this one of the most fun runs on the east coast will still be there for you.

ONLINE REGISTRATION ONLY! NO RACE DAY ENTRY! NO WAITING LIST!

Sign up @ WWW.PRETZELCITYSPORTS.COM Opens Jan 1, 2014 at 12:01 AM & closes when we reach 500 runners OR by midnight, April 1st, WHICHEVER OCCURS FIRST (check pretzelcitysports.com home page regularly to see if limit was reached).

Awards:

Much-sought-after pig themed awards to overall M/F 1st thru 3rd and Masters M/F winners plus:

18-29: 5M/5F, 30-39: 5M/5F, 40-49: 5M/5F, 50-59: 5M/5F, 60-69: 3M/3F, 70+: 2M/2F

Also, Both Open Clydesdales/Clydettes (18-39) & Master Clydesdales/Clydettes (40 & over) Awards: 1-3rd Male & 1-3rd Female in both (not eligible for age group awards). Men: your weight (in lbs.) divided by your height (in inches) must be at least 2.7 lbs./inch. Women: same formula but your "min" is 2.15 lbs./inch.

This method stops the "buff but big's" from taking these awards from the more "Marshmallow-Peep like" entries.

Sign up for Clydesdale/Clydette is on race day only during packet pickup, we respect honesty if you are signing up.

Registration/Package Pickup: Race starts at 10 A.M. at Mountain Spring and Captains Cove Restaurant and Bar, 2619 Hill Road, Reading, PA 19606). All packet pickup occurs that morning. Pickup opens at 8:30 A.M.

Fee: \$40 if entered by midnight, 3/1/14, \$50 after that until midnight 4/1 or when we hit 500 entries; whichever happens first (NOTE!!-race closed 4 weeks early in 2012 and 6 weeks early in 2011). Entry fee refunded (but not service charge) if canceling by 4/1/14, no refund after that. No substitutions allowed. Requests for Substitutions or for refunds after above cutoffs will be ignored. No “carry overs” to following year.

PARKING: simply put, parking is limited, (one of the reasons we lowered the number of entrants). Soooo If you have 3 or more runners in your vehicle, you will be given priority parking spaces nearest to the start/finish line

Your Goodies? As this is our 20th anniversary, we’re trying to make it special. An awesome Tee is in the works to celebrate the race and all finishers will get a finishers award. Runners will get tickets for hot food plus a beverage ticket (soda, cocoa/coffee or draft beer (free domestic or \$1 craft beer), the usual post-race goodies will also be available for the runners (oranges, bananas, bagels....) 3-4 water stops, medical help on site, nearby parking. Results will be posted on www.pagodapacers.com about 24-48 hrs & a course that will be sure please. Race is “on” in any kind of weather. Awards will not be mailed so please stick around and enjoy the great food from Captains Cove.

PLEASE NOTE: Captains Cove is a public restaurant and as such, does not allow outside food or alcohol. Pets are not allowed in the dining areas so please do not bring them.

Friends & Family: The restaurant will be open for lunch so you are all welcome to watch your runner start and finish the race and enjoy fresh food and beverages that will be available for sale. **WATCHING YOUR RUNNER:** Given the new course and that this is a trail race so there are ‘limited opportunities’ to view your runner beyond the start and finish but we will have maps of the race available.

A little more about our new home for the race, Mountain Springs and Captains Cove Restaurant and Bar, 2619 Hill Rd

“Reading's best kept secret. Great place to take the family. Excellent service and a great menu. I try something new often.”

“Very nice place, love the back deck. Best french fries I’ve ever had! Burgers are huge and have an outstanding taste!”

“The food and prices were great, The atmosphere is fun and the pirate theme is serious, we really loved it and are looking forward to returning”

Directions: FROM PHILLY: DO NOT USE ANY DIRECTIONS THAT INCLUDE THE TURNPIKE, won’t work with these directions: Go to King of Prussia, take 202 S & pick up Rt 422 W from the onramp toward Pottstown; take it past Pottstown to Reading . When you see Target and Giant on your right side, bear right onto Bus Rt. 422W (Mt Penn). **Go 1-2 miles until you pass a Subway & then Arners Restaurant on your right (bright red roof). JUST PAST ARNERS, go right onto Glen Rd (road sign missing, just before start of bridge). When Glen ends, right onto Hill Rd. Continue on Hill road for ½ mile and **Mountain Springs and Captains Cove Restaurant** is on your left. Our friendly staff will show you where to park. Remember car pools with 3+ runners will get you preferred parking.

FROM LANCASTER: Take Rt. 222 N. to Reading, **After passing Mall on left, bear right onto Rt. 422 East toward Pottstown (is also Rt. 222S). Stay on Rt. 422E past Lancaster Ave exit and Rt. 176 South exit until the Mt Penn Exit. Take the exit, go left at the top of ramp. Go to the 3rd light, take left onto Bus Rt. 422W and follow Philly instructs above after the **.

FROM ALLENTOWN: Bus. Rt. 222 S toward Reading (DON’T take new Reading bypass) Go 2 miles thru shopping areas. 200 yards past Pizza Hut & a Loews, go left onto Rt 12 (old Rdg Bypass). Take 2nd exit; Spring Valley Rd. Go right at end of exit. Take 2nd left (past Crab Barn) up Reading’s unique McKnights Gap

Rd. Go straight thru stop sign at top to next stop sign 25 yds ahead. Take left and then an immediate hard right up Skyline Dr. Take 1st left on that hill onto List Rd. At next intersect (List & Angola), go straight across and continue for approx. 1 mile on List until it comes to a T, turn right onto Hill Rd and go for 0.7 miles, **Mountain Springs and Captains Cove Restaurant** will be on your right. Car Pool w/ 3 runners in your car and get preferred parking!

FROM LEBANON OR COAL REGION: Leb: Take 422 east and follow Lancaster directions above after **
Coal Region: take Rt 61S or Rt 183S to Rt 222S, take RT 222S to 422E, follow Lancaster directions above after **.

Questions? Contact Ken Seale at mudfestdirector@pagodapacers.com or at 610-488-8475

Co-Directors are: Beth Auman, Jeff Merritt and Erik Leeds

App also viewable on www.pagodapacers.com and www.pretzelcitysports.com
Insurance Provided By Road Runner Clubs of America

[Click here to go directly to online registration](#)