

## MT PENN MUDFEST

15k (9.3 mile) Trail Run Reading, PA \* Sat, April 23, 2016 \* 10 AM

## NEW LOCATION!! NEW COURSE!! MORE RUNNER FRIENDLY!! ENTRY LIMIT OF 400!

Held in Memory of Fellow Pacer & one of the Original Race Co-Directors, Bill Bradley.

After 21 years of muddy/rocky fun, we have had to make some changes, again, in order to ensure you have as much fun as possible with very little chance of injury or more aches/pains than other races. And we think we did a HECK of a job in those departments for 2016. The Mudfest, now held on the 4<sup>th</sup> Sat of April, moves to nearby Egleman's Park, one of Readings hidden starting points for access to trails recently awarded international status in the cycling world. Keeping things local is first and foremost for us. And come on out and try our NEW COURSE... a little road, a little mud, some nice double track and then a whole bunch of Mt Penn's infamous ROCKS, just not as many as in the past few years. You also get the best in professional timing, instant results, your results posted on the internet, etc. Compete for pig oriented awards, get a pig-adorned shirt with no sponsors on it, try to earn one of the 3 cash prizes for the top 3 Males and Females to put in your piggy bank and pig out on our great postrace spread. As a race held by runners FOR runners, we in the Pagoda Pacers are not worried about making every single dollar of profit that we can; we are more worried about providing you an affordable race that gives you FAR more than other races at this price point. Enter TODAY to make sure you are one of the lucky 400 people that get to do this race; recognized by such national sources as Runners World, Men's Health, Trail Runner, NPR and the New York Times as one of the best trail runs in the entire U.S!

## MUST REGISTER ONLINE: AT <u>WWW.PRETZELCITYSPORTS.COM</u>

(closes when we reach 400 runners OR by midnight, April 11, WHICHEVER OCCURS FIRST) (check pretzelcitysports.com home page regularly to see if limit was reached or if this policy has been changed).

**Awards Categories:** TOP 3 OVERALL MALE AND FEMALE; 1<sup>st</sup>=\$50, 2<sup>nd</sup>=40, 3<sup>rd</sup>=30 plus the following age groups: 3M/3F, 18-29: 3M/3F, 30-39: 3M/3F, 40-49: 3M/3F, 50-59: 3M/3F, 60-69: 3M/3F, 70+: 2M/2F

**Registration/Packet Pickup:** Race starts at 10 A.M. at Egelman's Park Reading, PA. All packet pickup occurs that morning. Pickup opens at 8:30 A.M.

**Fee:** \$40 if entered by midnight, 3/19/16, \$50 after that until midnight 4/11/16 or when we hit 400 entries; whichever happens first. Check www.pagodapacers .com and the Pretzel City online registration page for any changes to our entry policy. "Day of" registration or an extension to our 4/11 deadline is not anticipated but there is always a chance that we might change our mind if our limit has not been reached. If cancelling, your entry fee will be refunded (but not the service charge) or you may make substitutions; both must be done by 4/11/16. No refunds or substitutions permitted after that date, nor are "carry overs" to a following year allowed.

**Donations/"Giving Back"**: We will be accepting donations to the Berks Conservancy during your online reg and on race day; the supervisors of these trails . Please help support the lands that we love to run in.

**Parking:** simply put, parking in the park itself is **VERY** limited, (one of the reasons we lowered the entry limit from years past). Don't worry, however, you'll never be more than a good 2 iron away. Efforts are being made to secure more parking  $1/10^{th}$  of a mile from registration. If you can't walk that far, you can't finish this race!

**Your Goodies?** An awesome Tee is in the works, all finishers will get a finishers award. The usual post-race goodies will also be available for the runners (oranges, bananas, bagels....) with more possible, at least 2 water stops and if a little trail elf tells it true a blast from years past and crowd favorite aid station, medical help on site, nearby parking. Results posted on <a href="www.pagodapacers.com">www.pagodapacers.com</a> about 24-48 hrs later. Race is "on" in any kind of weather. Awards will not be mailed so please stick around and enjoy the park.

**Friends & Family Coming to Watch:** Given the new course and that this is a trail race, there are 'limited opportunities' to view your runner beyond the start/finish but we will have maps of the race available.

Directions: FROM PHILLY: DO NOT USE ANY DIRECTIONS THAT INCLUDE THE TURNPIKE, won't work with these directions: Go to King of Prussia, take 202 S & pick up Rt 422 W from the onramp toward Pottstown; take it past Pottstown to Reading. After you pass the Reading Country Club on your right, you will see Target and Giant on your right side, bear right onto Bus Rt. 422W (Mt Penn). \*\*From the next light (M&T bank on your left) go approx 2 miles to a Y at the CVS, bear right and in less than ½ mile, turn right onto Glen Rd just before start of bridge. At the end of Glen Rd, go left onto Hill Rd. Continue on Hill road for 200 yards and Egleman's Park & Lake is on your right. Our mostly friendly staff will show you where to park.

**FROM LANCASTER:** Take Rt. 222 N. to Reading, \*\*After passing Mall on left, bear right onto Rt. 422 East toward Pottstown (is also Rt. 222S). Stay on Rt. 422E past Lancaster Ave exit and Rt. 176 South exit until the Mt Penn Exit. Take the exit, go left at the top of ramp. Go to the 3rd light, take left onto Bus Rt. 422W and follow Philly instructs above after the \*\*.

**FROM ALLENTOWN:** Bus. Rt. 222 S toward Reading (DON'T take new Reading bypass) Go 2 miles thru shopping areas. 200 yards past Pizza Hut & a Loews, go left onto Rt 12 (old Rdg Bypass). Take 2nd exit; Spring Valley Rd. Go right at end of exit. Take 2nd left up McKnights Gap Rd. Go straight thru stop sign at top to next stop sign 25 yds ahead. Take left and then an immediate hard right up Skyline Dr. Take 1st left onto List Rd. At next intersect (List & Angora), Turn right onto Angora. Follow Angora for 1.1 miles and turn Left onto Hill Rd., **Egleman's Park** will be on your left.

**FROM LEBANON OR COAL REGION:** Leb: Take 422 E & follow Lancaster directions above after \*\* Coal Region: take Rt 61S or Rt 183S to Rt 222S, take 222S to 422E, follow Lancaster directions above after \*\*.

**GPS'ers:** there's no address for the park. Using the intersection of Glen Rd and Hill Rd gets you REAL close! Also, the address of the nearby Reading Liederkranz, 143 Spook Lane, Reading, 19606 gets you very close too.

Questions? Contact Erik Leeds at mudfestdirector@pagodapacers.com or at 610-488-8475

Co-Directors are: Beth Auman, Jeff Merritt and Ken Seale