

SINCE 1980

PAGODA PACERS



ATHLETIC CLUB

Reading, Pennsylvania

We are a club devoted to physical fitness, athletic competition, health and fellowship.

FROM THE PRESIDENT

Morning Pacers,

One thing that has been asked of me most is "how is the club money controlled". A little history of the Pacers as I understand it: For most of the Pacer history we made a good amount of income from our races. We also spent most, if not all, of our income year to year. A few years ago Shaun was appointed treasurer and things changed. He has controlled what goes out through getting receipts for everything. We now have 3 three years of working capital in the bank. A big change for the club.

Now a little about where our money comes from. A steady income is from dues. Another source is races. Recently, as we all know, races have been under intense competition from everywhere. This has caused our income from races to decline. The race directors have control over their expenses and try to balance that against what they think their income will be. This can be very complicated.

Our expenses mostly relate to the races. We also have club meeting and events.

Recently we have had a problem with someone trying to get information about our accounts. Our astute treasurer saw the problem and took care of it. At our last Board of Directors meeting, Shaun came up with some suggestions to keep our money safe. Some have been put in place and some are being worked on. My concern is to put systems in place that will outlast Shaun. No one lasts forever. I would like to put systems in place now, when we have a great treasurer. Not wait until we get a new treasurer and we go back to the old ways. So I will continue to push for controls that depend on a system more than any one person.

On another subject, we have five positions opening up on the board of directors and the presidency. The only thing you need to do is to give me a signed conflict of interest form and tell me what you would like to run for. If you want to make a difference in the club, the Board of Directors is a great place or the presidency.

Thanks, Larry Drogo

WELCOME NEW PACER MEMBERS!

Esmeralda Calderon



September 2018 UPCOMING EVENTS

9/13/18 **Monthly Membership Meeting**
Thursday 7:00pm, Blind Hartman's Tavern
2910 Pricetown Road, Reading

SAVE THE DATE

10/7/18 - Blues Cruise 50K
10/20/18 - Jr High XC Race
11/3/18 - Fall Bonfire
11/11/18 - Oley Valley Country Classic

GROUP RUNS

Start Time: 6:15pm Wednesday

September 5, 2018

Run & Eat: Mike & Donna Gallen's home
(roads and trails)
833 Wyomissing Rd., Mohnton

September 12, 2018

Run & Eat: Mike Whalen's home
(roads and trails)
701 Pony Road, Mohrsville

September 19, 2018

Charity Run - local animal shelters
Run: Steve Maguire & Jane Setley's home
(Blue Marsh trails)
515 Brownsville Road, Sinking Spring

September 26, 2018

Run: Liz Glass & Jeff George's home
(roads and trails)
50 Smoketown Road, Mertztown

October 3, 2018

Run & Eat: Jason Bailey's home (Roads)
117 Hill Road, Blandon

RACE RESULTS

Email Results to Race Results Coordinator Karen Rule at raceresults@pagodapacers.com

Chasin for Chalfin 10K Trail

Paul Makurath	1:21:30
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Downingtown July 4 15K

Paul Makurath	1:54:21	1st M70-74
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Chobot Challenge 15 K Trail

54	Donny Mengel	1:23:09	1st M60-67
65	Patrick Boggs	1:26:51	
80	Tom Chobot	1:30:15	4th M60-67
145	Sarah Chobot	1:55:39	
159	Paul Makurath	1:58:54	2nd M68+
161	Barbara Raifsnider	1:59:41	

Vermont 100

4/277	Michael Heimes	16:54:40
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Ox Trot 5 miler

23/46	Aaron Kreider	46:32	2nd M40-49
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Twin Valley 5K Mini Triathlon

Barbara Raifsnider	47:28	1st F50+
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Reading Radsport Mt Penn Hill Climb

5	Jackie Snyder	13:10	2nd Female
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Corolla NC Lighthouse 5K

17/268	Michael Whalen	22:26	1st M50-60
60	Jackie Snyder	26:26	1st F50-60

Cheesey Chase 5K

4	Brock Kline	20:17	2nd M30-39
13	Kevin Hopp	22:22	
59	Blair Hogg	28:26	
82	Joanne Patti	30:33	2nd F60-67
91	Aly Costello	31:15	
121	Lisa Domeshek	34:01	
169	Rose Hagy	42:00	1st F68+
181	Helene Horn	44:44	

Gring's Mill 10K

5/126	Dee Koutsourais	40:14	1st Female
8	Don Mengel	42:46	1st M60-64
11	Greg Kellenberger	44:21	1st M40-44
57	Aaron Kreider	56:46	
65	Donna Ornosky	58:54	1st F55-59
79	Julia Hager	1:00:33	
83	Barbara Raifsnider	1:01:16	2nd F55-59
103	Kristen Rothenberger	1:07:40	

Gring's Mill 5K

3/195	Grant Kellenberger	19:57	1st M 14U
64	Jane Setley	27:07	3rd F50-54
72	Zeb Ganster	27:47	
83	Tanara Govern	28:19	
84	Dan Govern	28:20	
96	Joanne Patti	29:13	1st F60-64
98	Larry Drogo	29:20	
105	Janine Beidler	30:05	
164	Rose Hagy	38:41	2nd F70+

SUNDAY, OCTOBER 14, 2018



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All proceeds benefit programs funded by The Friends of Reading Hospital including HeartSAFE Berks County.

GENERAL MEETING MINUTES

Date: 8/09/18

Time: 7 p.m.

Location: Blind Hartman's Tavern

Speaker introduction: Tamara Brown Peffer presented some self-defense products available through Damsel in Defense, a company whose mission is to help women feel empowered. She showed us a few products, including a stun gun, pepper spray, and strike tools. Tamara also works in the state park system, and discussed some of the safety issues that could be faced while running in those areas. There was a lot of interest and questions. Tamara can be contacted directly on Facebook.

Zach Ruth, one of the awardees of the Pacer scholarships, attended to thank the group for choosing him. He ran 6 years for Exeter, and is committed to continue running in college.

Karin Long, Missy Drogo, and Lauren Massaro did blood pressure readings for interested Pacers who attended the meeting. Thanks very much for their time in organizing and doing this.

Treasury Report - Shaun Luther—about 96% of present goal

Races:

Charlie Horse: Charlie—Next year they want to do a half marathon, point to point, as usual, and add a 5K from Sleepy Hollow, all trail, out and back through the Horse Shoe trail. Charlie would like to add a kid's length run at the playground, a free event.

Run for the Ages: Ted Andrus—thanks to volunteers, and, luckily, the weather cooperated. There were 194 total runners from various entry sources. The post-race survey of finishers indicated people would like socks as the swag. Ted made a motion to give 51% of proceeds to Nolde Forest, which was seconded and passed. The last Sunday in June is the date for next year's race.



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Grings Mill: Caroline Hill—the event was postponed due to weather and flood control activity at Blue Marsh. It is re-scheduled for August 26, and the start has switched to the Berks Heritage Center. The event had 362 pre-registered runners. Caroline has offered refunds or free entry for next year, or an equivalent race. Caroline made arrangements to make sure people are satisfied. Registration is re-opened for the new race. Volunteers are needed at 7 a.m. Caroline said she had a lot of cooperation from all businesses involved to reschedule. Jim Demsko took perishables to Opportunity House. Some of the food was stored, and someone volunteered to pay for food that was lost.

Blues Cruise: Mike Yoder—everything is a go, with good interest.

Oley Valley Country Classic: Barry—November 11 is coming up. The race has added an age group of 75 and above to both the 10 mile and 5K. Maggie Gallen is creating the awards.



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MEETING MINUTES, CONT'D

Shiver by the River: Sue Jackson—this event will add older age groups, as well. Sue said she may get a caterer for better food at the award ceremony. She may change the ending of the race, due to complaints about cars and people milling about in the parking/finish area after the race. Start time will be changed to 10:00.

Jr. High Cross Country: Tom—Oct 20, for 12 and 13 years old if anyone knows a sponsor who might be interested. Oct 16 (Tuesday) is the Berks County Cross Country Championship that Tom and Gwyn arrange.

Committee Reports

Social Committee:

- Larry will try to arrange something—target shooting, possibly, at Topton Fish and Game Club, for a small fee. They have a variety of things to shoot and do gun safety.
- Possibly reorganizing the bike ride that was rained out.
- We are not having a Pacer picnic—Charlie volunteered, but probably not able to arrange at this late date. It was noted that the picnic used to be attached to another event, which contributed to its better attendance in the past.

Communications Committee:

- Jon—Jane has been doing a lot to put content out. Matt Brophy has a draft survey that he created and presented to the board. Matt will send to Jon/Jane for send out.
- Jon could use some back up. Jane would like to have clear ownership of the different forms of social media. But if a Pacer has an event that needs publicizing, the email address is socialmedia@pagodapacers.com, and the recipients will sort it out who will handle it.
- The directory on the web site is out of date, so should not be relied upon for current addresses. Access to it is password protected.

Community Service:

- Last person hosting is Dan Smith, on Oct 17.
- Sunshine Fund—Phil has been having some challenges with up-to-date contact information. RunSignUp for membership has the most current information.

Membership:

- Up 20%-total 532 from 438 this time last year.

New business:

- Larry Drogo—what to do with money, now that we have a solid 3-year fund of money? Suggestion was made that financially we should not do rolling monthly assessment of funds, rather a report based on yearly projections.
- Race insurance—In light of the cancellation of



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Grings Mill, the club will look into costs of event insurance to protect against unforeseen losses.

- Use and likeness in media: Jon Durand—put standard statement on entry forms for races so that the club is covered to use photos for people in the race.
- Charlie—8/18—swim, bike, run at Twin Valley pool, only \$15.
- Reading Hospital Road Run, Sunday, Oct 14, volunteer or run for half marathon. PACERS18 code for \$5 discount
- Voting for new board members in November, to take over in December. Need the conflict of interest form signed and given to Larry Drogo for consideration in the election.
- Jon Durand—Created a new role of dedicated quartermaster for the shed and equipment, versus having it as an additional duty to the vice president. This will be advertised.
- Sue Jackson volunteered to be the auditor for Shaun, to have a second person looking at the bank statement
- Karin Long mentioned the Health Forecast event on Aug 29, St. Joe's/Penn State.

Old Business: The board will have its own email. ***

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PAGODA PACERS ATHLETIC CLUB

2018 Pagoda Pacers Officers

President	Larry Drogo president@pagodapacers.com
Vice President.....	Jon Durand
Treasurer	Shaun Luther
Secretary	Ellie Alderfer
Race Results Coordinator.....	Karen Rule raceresults@pagodapacers.com
Run/Charity Coordinator..	Phil Lechner
Membership Coordinator..	Dave & Mike Gallen
Youth Coordinator	Tom Chobot
Newsletter Editor	Beth Auman editor@pagodapacers.com
Webmaster	Ed Recker webmaster@pagodapacers.com

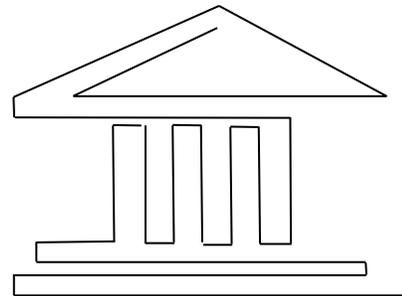
Pagoda Pacers Board of Directors

Michael Yoder	Ken Seale
Sue Jackson	Matt Brophy
Jon Durand	Beth Auman
Steve Maguire	Tom Chobot
Phil Lechner	

The newsletter is published monthly. To submit an article for publication, or to inquire about advertising, email editor@pagodapacers.com. The deadline for submission is the 24th of each month.

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